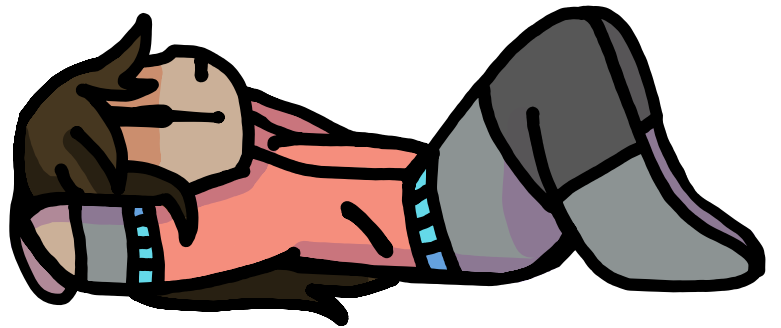


Fear.



(practice positions)



sit-ups

It's made of protein,  
plant-based fats, coconut  
oil and Ammonia.

ilhan\_a.